

Frequently Asked Questions About Worker's Compensation Access

Q. If I am injured at work, can I see a chiropractor?

A. Yes. The law provides that chiropractic care be covered under workers' compensation.

Q. Can my employer or my insurance company stop me from seeing a chiropractor?

A. No. You have the right to choose who treats your injury.

Q. If I don't see the doctor my employers tell me to, can I lose my job?

A. No. Contact the Labor Board to report any such treatment or activity.

Q. How does chiropractic work?

A. Injuries that involve the spine, shoulders, arms and legs are the most common injuries. Problems such as low back pain, pinched nerves and carpal tunnel syndrome are treated successfully in the chiropractor's office.

Q. Whom should I contact if I have problems accessing chiropractic care under my workers' compensation benefit?

A. Contact the NH Department of Labor at (603) 271-3176.

About Chiropractic

Chiropractic is a branch of the healing arts that is concerned with human health and disease processes. Doctors of Chiropractic are doctors who consider man as an integrated being and give special attention to the physiological and biomedical aspects including structural, spinal, musculoskeletal, neurological, vascular, nutritional, emotional and environmental relationships.

The practice and procedures which may be employed by Doctors of Chiropractic are based on the academic and clinical training received in and through accredited chiropractic colleges and include, but are not limited to, the use of current diagnostic and therapeutic procedures. Such procedures specifically include the adjustment and manipulation of the articulations and adjacent tissues of the human body, particularly of the spinal column. Included is the treatment of intersegmental aberrations for alleviation of related functional disorders. Chiropractic is a drug-free, non-surgical science.

For More Information:

Visit <http://www.nhchiro.org>

Or contact:

New Hampshire Chiropractic Association
13 Jenkins Court
Durham, NH 03824

Toll free: 1-866-273-BACK
info@nhchiro.org



New Hampshire



Chiropractic Association

Getting Back To Work With Chiropractic

Guidelines for Accessing Chiropractic Care Under Workers' Compensation

www.nhchiro.org

Toll free: 1-866-273-BACK

Your Access Rights Under Workers' Compensation

NH state law and the Department of Labor's rules require that injured workers have the right to see a chiropractor if they are injured and need care.

Under the provisions of managed care, this access can be *regulated*, but not *prevented*. If injured, your employer may provide you with a list of doctors in your area to contact, or ask you to contact a case manager who might also recommend a specific doctor. This recommendation is, however, just that, and you can seek treatment from whomever you choose, provided you follow a few rules:

- You will need to initially see the recommended doctor.
- You must select a chiropractor in the insurance network. Ask the insurance company or employer for a list of participating chiropractors.
- If the insurance network does not have a chiropractor, you may select any chiropractor in your area and the insurance company is responsible for the costs.

Your Chiropractor

If you already have a chiropractor you see for other care, you may be able to see your chiropractor directly - here is what you need to do:

- Ask your employer for the name of the workers' compensation insurance company.
- Call your chiropractor to find out if he/she is participating with the insurance company.
- You could also call the insurance company to see if your chiropractor is listed with them.

Finding a Chiropractor Near You

If you need to find a chiropractor near you, you can contact the New Hampshire Chiropractic Association:

- A searchable list of doctors in your area is on the Internet at

www.nhchiro.org

Toll free at **1-866-273-BACK**

The New Hampshire Department of Labor

If you have problems accessing chiropractic care you can contact a case management specialist at the State Department of Labor at (603) 271-3176.

Under state law and Labor Department rules, the employer has a right to a second opinion. If your employer asks you for this, you should follow through with their request. However, you should let the chiropractor know that the request has been made.



Remember: Good posture prevents injury!